

Sensory-Friendly Strategies for Supporting Behaviour & Setting Up Your Camp for Success

Participant Workbook

Question 1 (slide 12): What are some ways to incorporate the Zones of Regulation into your weekly lesson planning?

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Question 2 (slide 21): How can you prepare visuals to be ready for inside and outside use?

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Scenario #1 (slide 23):

- 1) How can you redirect the campers to keep them engaged?
- 2) How can you set up the craft/space so that the campers are engaged for longer?
- 3) Would a visual schedule and visual timer help in this situation? How so?

Scenario #2 (slide 25):

- 1) How can you set up your time outside to be successful and sensory friendly?
- 2) How can you structure your time so all participants are engaged?
- 3) How can you set up the schedule differently?



4) How can you redirect them?

5) Would a visual schedule and visual timer help? How so?

Notes Section:

Questions or Comments? Our Accessibility & Inclusion team can be reached at inclusion@surrey.ca.